

GOOD MORNING

# *Classic Breakfast Selection*



**CHARINGWORTH MANOR**  
**HOTEL** | *The Cotswolds*

CLASSIC  
LODGES

*the sign of a great hotel*

[www.classiclodges.co.uk](http://www.classiclodges.co.uk)



## Classic Continental Selection

A selection of freshly prepared wholemeal or white toast (105 cals)

## Beverages

Freshly-brewed coffee • a selection of teas including:-

English Breakfast • Earl Grey • Darjeeling • Herbal Teas

(Coffee/Teas 0 cals, Milk 5 cals)

We hope that you enjoy your breakfast, if you have any individual requests, please do ask a member of staff and we will be happy to help.

Breakfast is charged to non resident guests at £15.95

## From the buffet

Orange, grapefruit (9 cals), apple juice (10 cals),

Freshly baked croissant (197 cals), Danish pastries (138 cals), preserves (75/81 cals) and spreads (52 cals)

Slices of grapefruit (33cals), prunes in syrup (105 cals), fresh fruit salad (13 cals), compotes (7 cals), and yoghurts (64/109 cals),

Our classic cereals selection includes favourites such as:

Weetabix (109 cals), Branflakes (108 cals), Cornflakes (113 cals), Rice Krispies (115 cals), Muesli (111 cals)

A selection of cold cooked meats and cheese is available upon request

(cooked meat 35 cals, Salami 98 cals, mixed cheese 82 cals, cheese slice 85 cals)



## From the kitchen

### Traditional English Breakfast

Best back bacon (116 cals)

Pork sausage (129 cals)

Black pudding (36 cals)

Grilled tomato (6 cals)

Baked beans (116 cals)

Grilled flat mushroom (116 cals)

Your choice of scrambled (197 cals), poached (66 cals), fried (109 cals) or boiled (66 cals) farm fresh eggs

## Classic Lodges speciality breakfasts

Classic oatmeal porridge (167 cals)

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Smoked Haddock with poached egg (213 cals)

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Scrambled eggs with smoked salmon (483 cals)

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Eggs Benedict: poached egg on toasted muffin with ham and hollandaise sauce (907 cals)

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Kippers with melted butter (705 cals)

\*All calories are based per glass, per standard portion or breakfast option.

